



Example Itinerary

Sea Turtle and Coastal Conservation in Sri Lanka

*The following is an example itinerary. Please note arrangements change from year to year and session to session based on the goals of the programme, need of the community, and size of the groups. Please use this itinerary as a general guide to the structure of the projects.

DAY NO.	WEEKDAY	TIME	ACTIVITY
1	Sunday	All day	ARRIVAL: Arrival all day. Pick up from the airport and transfer to accommodation
2	Monday	Morning	<ul style="list-style-type: none"> Breakfast Town and placement Orientation Meet staff
		Afternoon	<ul style="list-style-type: none"> Lunch in Town Cultural and project induction Back to accommodation
		Evening	<ul style="list-style-type: none"> Free time Dinner at host
3	Tuesday	Morning	<ul style="list-style-type: none"> Breakfast at host Placement Introductions
		Afternoon	<ul style="list-style-type: none"> Lunch at host Collecting algae as food Cleaning hatching eggs and relocating
		Evening	<ul style="list-style-type: none"> Debriefing Dinner at host
4	Wednesday	Morning	<ul style="list-style-type: none"> Breakfast at host Prepare food for turtles (fish preparation) • Feeding turtles tank by tank Egg hatching • Treating injured turtles • Treating weak turtles
		Afternoon	<ul style="list-style-type: none"> Lunch at host Cleaning beach • Planting Mangroves • Collecting algae as food Cleaning hatching eggs and relocating Survey (when possible and required) Cleaning the area
		Evening	<ul style="list-style-type: none"> Recreation / Games Dinner at host
5	Thursday	Morning	<ul style="list-style-type: none"> Breakfast at host Prepare food for turtles (fish preparation) • Feeding turtles tank by tank Egg hatching • Treating injured turtles • Treating weak turtles
		Afternoon	<ul style="list-style-type: none"> Lunch at host Cleaning beach • Planting Mangroves • Collecting algae as food Cleaning hatching eggs and relocating Survey (when possible and required) Cleaning the area
		Evening	<ul style="list-style-type: none"> Recreation Dinner at host
6	Friday	Morning	<ul style="list-style-type: none"> Breakfast at host Prepare food for turtles (fish preparation) • Feeding turtles tank by tank Egg hatching • Treating injured turtles • Treating weak turtles
		Afternoon	<ul style="list-style-type: none"> Lunch at host Social Activity - - Visit local market and temple - Shopping to buy materials for cooking class (Activity - Create a 1 min short video on how the shopping went)
		Evening	<ul style="list-style-type: none"> Cooking Class - Prepare food with host family and feast together Early to bed for weekend trip Dinner at host
7	Saturday	All day	Weekend Trip – Kandy (Elephant orphanage, Tea Factory, Temple of tooth, Kandy City, Traditional Dancing) (Medical and Dentistry 2WS volunteers group might join)
8	Sunday	All day	Weekend Trip – Kandy (Wood carving, Batik Factory, Curio Market) (Medical and Dentistry 2WS volunteers group might join)
9	Monday	Morning	<ul style="list-style-type: none"> Breakfast at host Prepare food for turtles (fish preparation) • Feeding turtles tank by tank Egg hatching • Treating injured turtles • Treating weak turtles
		Afternoon	<ul style="list-style-type: none"> Lunch at host Cleaning beach Mangroves planting Collecting algae as food Cleaning hatching eggs and relocating
		Evening	<ul style="list-style-type: none"> Relax Dinner at host
10	Tuesday	Morning	<ul style="list-style-type: none"> Breakfast at host Prepare food for turtles (fish preparation) • Feeding turtles tank by tank Egg hatching • Treating injured turtles • Treating weak turtles
		Afternoon	<ul style="list-style-type: none"> Lunch at host Cleaning beach Mangroves planting
		Evening	<ul style="list-style-type: none"> Grocery Shopping Feedback Session - Discussion on what they learnt - Obstacles - Differences - Challenges - Recommendations Dinner at host
11	Wednesday	Morning	<ul style="list-style-type: none"> Breakfast at host Prepare food for turtles (fish preparation) • Feeding turtles tank by tank Egg hatching Treating injured turtles Treating weak turtles
		Afternoon	<ul style="list-style-type: none"> Lunch at host Indoor football / Cricket / Baling
		Evening	<ul style="list-style-type: none"> Free time Dinner at host
12	Thursday	Morning	<ul style="list-style-type: none"> Breakfast at host Prepare food for turtles (fish preparation) • Feeding turtles tank by tank Egg hatching Treating injured turtles Treating weak turtles
		Afternoon	<ul style="list-style-type: none"> Lunch at host Cleaning beach Planting Mangroves Survey (when possible and required) Cleaning the area
		Evening	<ul style="list-style-type: none"> Grocery Shopping & Afternoon Debriefing Dinner at host
13	Friday	Morning	<ul style="list-style-type: none"> Breakfast at host Prepare food for turtles (fish preparation) • Feeding turtles tank by tank Egg hatching
		Afternoon	<ul style="list-style-type: none"> Lunch at host Visit Office - - Confirm & Inform the pickup times and plan for departures - Collect project completion letters Colombo Sightseeing - Independence Square, Gangaramaya Temple, Red Mosque, Shopping Mall & Galleface
		Evening	<ul style="list-style-type: none"> Dinner at a restaurant in Colombo
14	Saturday	All day	DEPARTURE: Departures: Pick up at accommodation by a Staff member to the airport