

# Childcare & Community

## High School Special Schedule Tanzania

Welcome to our High School Special Care & Community Project in Tanzania! Are you ready for a once-in-a-lifetime experience working with the local community and exploring this beautiful country?

### Programme Goals:

#### Education and Childcare:

Spend your time working with children at a kindergarten, primary school or care centre, helping make learning fun for them. Teach basic English words and phrases through songs, pictures or role play games, play football games outside, or run arts and crafts lessons to unleash their creativity.

#### Renovation:

Make a lasting impact on the community by improving the schools and centres where you'll be working. Contribute to renovation work by digging and building flower beds, or help with the classroom renovation by adding a coat of paint where needed.

#### Cultural Immersion:

Immerse yourself in the vibrant culture of Tanzania through captivating experiences, such as witnessing traditional dances, engaging in conversations with locals, and savoring the flavors of authentic Tanzanian cuisine, all while making a meaningful impact through your volunteer work. Embark on an enriching journey alongside fellow volunteers, forging lifelong friendships and creating memories as you visit iconic landmarks, and marvel at the awe-inspiring beauty of Tanzania, including its stunning wildlife and majestic landscapes.



**2 WEEKS**





## Day 1

### Sunday

#### Arrival in Tanzania

You will arrive into the famous Kilimanjaro Airport. This is a gateway for mountaineers and tourists alike and, if you are lucky, you may spot the Africa's highest mountain as you come into land.

After you pass through customs you will be met by a staff member holding a sign welcoming you to Tanzania. You will then be taken to your host family in Arusha where you will relax before your office induction. Here you will have the chance to change money and organise a local sim card. Dinner will be served at your host family.



#### Highlights

- ▶ Volunteer at our local school
- ▶ Immerse yourself in the Maasai culture
- ▶ Learn about the Tanzanian education system
- ▶ Safari at Tarangire National Park
- ▶ Visit to waterfalls
- ▶ Help the continued building efforts at the school

#### Accommodation

Host Family

#### Transport

Private bus and by foot

#### Meals

Breakfast will be served at your host family each day. Lunch will either be at the school, at home or in the community. Dinner will be at home or a restaurant.

#### Timings

This schedule is subject to change, however you will be advised in advance should this happen. You will depart home at around 7.30am and arrive back at around 5pm. However, this may differ from day to day depending on the activity and progress of the volunteer work.

#### Responsible Travel

We offset 100% of carbon emissions associated with your in-destination transport. We're committed to being fully climate-positive by 2024!

By volunteering with us you're helping reforestation efforts, protecting existing forests and providing employment to local communities around the world.

## Day 2

### Monday

#### Morning:

After breakfast, you will have your project induction to outline the objectives for your volunteer work. This will be followed by a workshop on teaching and learning strategies. You will also have the opportunity to register your sim card, receive an induction handbook, and exchange currency.

#### Afternoon:

Enjoy a delicious lunch at a local restaurant before diving into an insightful session on the Tanzanian education system and how to effectively manage a classroom. Gain valuable knowledge and practical tips that will enhance your teaching experience.

#### Evening:

After a busy day, you'll get to enjoy dinner in your new Tanzanian home.

## Day 3

### Tuesday

#### Morning:

Begin your day by getting introduced to your placement and the children you will be working with in the classroom. Engage in interactive activities, create a positive learning environment, and make a meaningful impact on the students' education.

#### Afternoon:

Head back to your accommodation for a homemade lunch before immersing yourself in a Swahili class at the Project Abroad office. Learn the basics of this beautiful language and enhance your cultural immersion.

#### Evening:

Enjoy a delicious dinner prepared at your accommodation, giving you a taste of Tanzanian home-cooked meals.

## Day 4

### Wednesday

#### Morning:

Dive into teaching activities at your placement, utilising various teaching methods to engage the students and facilitate their learning journey.

#### Afternoon:

Take a break with some snacks at the placement, before unleashing your creativity during drawing and painting activities.

#### Evening:

Enjoy a late lunch and dinner at your accommodation whilst relaxing with your fellow volunteers.

## Day 5

### Thursday

#### Morning:

Continue your teaching activities at the placement, building upon the progress made with the students and addressing their educational needs.

#### Afternoon / Evening:

Recharge with a home-cooked lunch before engaging in a cooking class at the Project Abroad office. Learn how to prepare traditional Tanzanian dishes and expand your culinary skills. Make sure to take notes on the ingredients and you'll certainly want to recreate these dishes for your family and friend when you return home.

You will enjoy the fruits of your labour for dinner with staff and fellow volunteers.



## Day 6

Friday

### Morning:

Dive back into teaching activities at your placement, further nurturing the students' educational growth.

### Afternoon:

Lunch will be served at home before preparing for an exciting safari day trip by participating in a shopping excursion, ensuring you have all the necessary supplies for the adventure.

### Evening:

Indulge in a flavourful dinner at a local restaurant, savouring the diverse Tanzanian cuisine.

## Day 7

Saturday

### All Day:

Start your day off with breakfast at home before embarking on your exciting adventure to Tarangire National Park. The journey to the park will take approximately 2 hours, but the beautiful scenery along the way is worth it.

Upon arrival, your expert safari guide will lead you on a thrilling excursion through Tarangire's vast landscape, which is home to a variety of Africa's most magnificent wildlife. Keep your eyes peeled for elephants and lions, and listen for the sounds of the park's vibrant birdlife.

During your safari, you will take a break to enjoy a tasty packed lunch at one of the park's picturesque picnic spots. However, beware of the park's mischievous monkeys, who may try to steal your food! After an exhilarating day in Tarangire National Park, return to the comfort of your home for a delicious meal.

## Day 8

Sunday

### Morning:

After breakfast, you will hike to Materuni waterfalls. You will visit a coffee plantation before lunch and learn about the growing and processing of famous Tanzanian coffee beans.

### Evening:

Dinner will be served at home ahead of another busy day of volunteering.

## Day 9

Monday

### Morning:

Engage in teaching activities at your placement, continuing to support the students' educational journey.

### Afternoon:

Embark on a meaningful visit to the Maasai children's home, immersing yourself in the local culture and building connections with the community.

### Evening:

Experience the vibrant rhythms and energetic dance of the Maasai during a drumming and dance activity, followed by a delicious dinner at a local restaurant.

## Day 10

Tuesday

### Morning:

Resume teaching activities at your placement, focusing on providing a nurturing and supportive learning environment for the children.

### Afternoon:

Take a snack break at the placement before engaging in a tree planting activity. Contribute to environmental sustainability by planting trees and promoting ecological balance.

### Evening:

Return to your accommodation for a satisfying dinner, reflecting on the positive impact you've made on both education and the environment.

## Day 11

Wednesday

### Morning:

Continue your teaching activities at the placement, fostering a love for learning and academic growth among the students.

### Afternoon:

Take a break with a snack before engaging in building activities. You will team up with our building project to continue improving the school's infrastructure.

### Evening:

Enjoy dinner at your accommodation and rest and relax after a busy day.

## Day 12

Thursday

### Morning:

Engage in teaching activities at the placement, focusing on enhancing the students' educational experience.

### Afternoon:

Visit Meserani Snake Park, where you'll have the opportunity to learn about local wildlife and conservation efforts. Enjoy a lunch at a local restaurant and explore the vibrant Maasai market for unique souvenirs.

### Evening:

Return to your accommodation for dinner with your hosts, immersing yourself in the cultural richness of Tanzania.

## Day 13

Friday

### Morning:

Immerse yourself in teaching activities, using your skills and passion to inspire and educate the students.

### Afternoon:

Share a special lunch with the children, creating a memorable and heartwarming experience.

### Evening:

Enjoy a final dinner at your accommodation, cherishing the connections you've made and the impact you've had during your time in Tanzania.



# Day 14

## Saturday

### All Day:

After an incredible two weeks, it's time to head home. Pile your souvenirs into your backpack and get dropped off at the airport. Check in, drop off your bags and sit back. Take some time to let it all sink in. You've just had the trip of a lifetime! Leave with newfound confidence, a deeper sense of self and lifelong friends. The experiences and skills you've gained will help you throughout your future, no matter what path you take.

We can't wait to see you again soon!



## Student Learning Outcomes

### Intercultural Competence

Students will be immersed in different cultures, gaining an understanding of their role within our global community and developing a deeper cultural awareness.

### Leadership Development

Students will be pushed out of their comfort zones, experiencing new challenges each day. They will build their confidence and resilience through team activities and new life experiences.

### Healthy Active Living

Students will be encouraged to prioritise their self-care, enhancing their physical and mental well-being.

### Empowerment

Students will be empowered to think for themselves, challenging the "status-quo" and cultivating transformative decision-making mindsets.

### Global Citizenship

Students will be exposed to new perspectives, engage with real-world challenges and contribute to sustainable development initiatives.



When you think of Africa, you likely picture the vastness of the Serengeti, the snowy peak of Mount Kilimanjaro, the natural wonder of the Great Migration or the unique culture of Maasai tribes. Tanzania is home to all of this and more! Nowhere on Earth is as truly wild.

## FUN FACTS

- ▶ Nearly 30% of Tanzania is protected National Parks
- ▶ Tanzania has the largest concentration of animals in Africa
- ▶ Mount Kilimanjaro is the tallest mountain in Africa
- ▶ Over two million animals travel across the plains during the Great Migration

## Want to learn more?

We'd be happy to talk to you and answer any questions you may have. You can call or email our team, or use the 'live chat' feature on the Projects Abroad website.

General inquiries: [info@projects-abroad.org](mailto:info@projects-abroad.org)

Destination Information	
National Language:	Swahili, English
Population:	61 million
Currency:	Tanzania Shilling
Time Zone:	GMT +3
Capital:	Dodoma
Calling Code:	+255
Dominant Religions:	Christianity, Islam
National Dish:	Ugali
National Animal:	Giraffe
National Bird:	Grey Crowned Crane

### Social Media

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